

# “What is Your Role in the Current Global Shift?”

Hosted by: Word and Life and Friends

Presented by: Elaine Huang, MSW, MA

**Tuesday, December 8, 2020**

**11:00 AM – 12:15 PM MST**

**A Free Online Offering from WnL & Friends**

Join us ~ be inspired and connect with others.

**Topic: Ways that we, as a spiritual community,  
can help raise collective consciousness.**

**Following Elaine’s presentation, there will be  
discussion groups and Q & A.**

WnL and Friends is led by Catherine Weissenberg and is a free online weekly gathering of individuals interested in contemplative living and learning. They gather together to offer social connection, resources and mutual support. To join their email list: please email Catherine at: [sbweissenberg@gmail.com](mailto:sbweissenberg@gmail.com)

Elaine is the spiritual teacher for Embodiment of Freedom and has been a guide for 20 years for hundreds of individuals through all phases of spiritual growth. Her meditation retreats and online intensives promote spiritual insight and offer practical tools that help people draw upon the peace that is always here.

Please email [mayyouawaken@gmail.com](mailto:mayyouawaken@gmail.com)  
or visit Elaine’s website:  
[www.mayyouawaken.com](http://www.mayyouawaken.com)  
to get the free meeting’s Zoom link.



Elaine Huang, MSW, MA | Embodiment of Freedom | 1919 Fairway Drive #101, Bozeman, MT 59715  
Office Phone: (406) 582-8694 | Email: [mayyouawaken@gmail.com](mailto:mayyouawaken@gmail.com) | Website: [www.mayyouawaken.com](http://www.mayyouawaken.com)